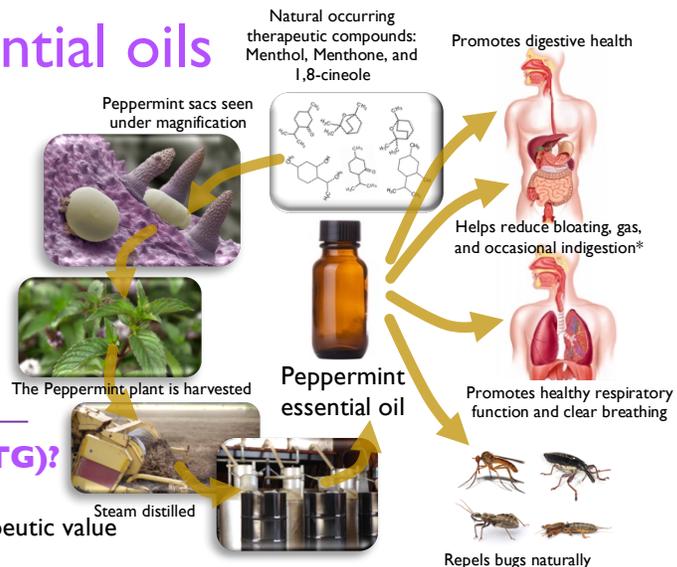


Learn essential oils

What are essential oils?

- Nature's defense and regenerative mechanism for plants
- Pure extracts from plants (50-70 X more powerful than herbs)
- Carefully steam distilled or cold pressed extraction
- Safe, effective, and affordable alternative to synthetic health remedies

One drop of Peppermint = 28 cups of Peppermint tea

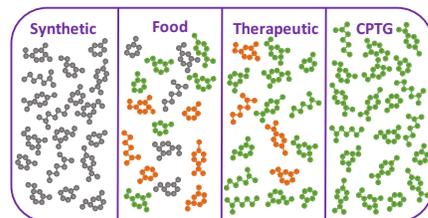
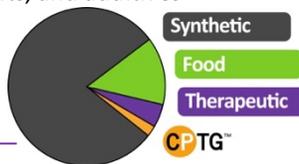


What is Certified Pure Therapeutic Grade (CPTG)?

- Each CPTG oil is **pure** and **potent**
- **Potent** because dōTERRA globally sources oils specifically for therapeutic value
- **Pure** because third-party scientists test every liter before bottling
- dōTERRA essential oils are free of fillers, pesticides, solvents, and additives

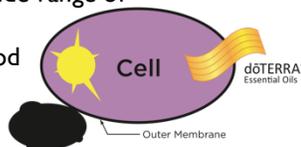


• Sustainable Sourcing



How do essential oils help us?

- Provide a safe and natural alternative to commonly used health remedies
- Hundreds of compounds in each essential oil have a wide range of emotional and physical wellness applications
- Used for thousands of years for health, beauty, and food
- Oils work with body to address issue and root causes on a cellular level



How do we use essential oils?

Aromatically diffuse inhale	Internally drink encapsulate	Topically apply massage
<p>Affects mood, memory, and airways</p>	<p>Digestive system, mouth, throat, organs...</p>	<p>Immediate, systemic, localized effect</p>



- Wellness Philosophy

Guidelines for usage:

- **Neat** - no dilution required
- **Sensitive** - dilute for young or sensitive skin
- **Dilute** - dilute before using with a carrier oil or lotion



How do I buy dōTERRA essential oils?

You have three ways to buy dōTERRA essential oils:

- **Retail** - buy directly from a Wellness Advocate
- **Wholesale** - buy all your product at 25% off retail
- **Below wholesale** - get free products monthly!



- Generous Loyalty Rewards Program

Why join dōTERRA?

The benefits of setting up a wholesale account:

- **Wholesale prices** (25% below retail)
- **No obligation** or minimum order requirements
- Earn **Shipping Rewards** (get product points)
- Product **Promotions**
- Member **Loyalty Rewards Program** – get up to 30% of your order back in product points
- Only \$35 for first year
- Renewal only \$25 per year receive 15 mL Peppermint oil

Last updated on February 23, 2017
www.jadebalden.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The wonderful properties of just a few popular essential oils...

 <p>❑ AromaTouch® Massage Blend— relaxes muscles and soothes joints; promotes circulation; and helps to calm and soothe target areas</p>	 <p>❑ Immortelle® Anti-Aging Blend— reduces the appearance of lines and wrinkles; and helps sustain smoother, youthful skin</p>
 <p>❑ Balance® Grounding Blend— grounding; lessens stress and anxious feelings; quiets mind chatter; and creates a sense of calm and well-being</p>	 <p>❑ InTune® Focus Blend— enhances and sustains focus; supports efforts of paying attention; and improves concentration</p>
 <p>❑ Bergamot— uplifts; reduces tension and stress; promotes healthy, clear skin; reduces tension and stress; soothes; and rejuvenates</p>	 <p>❑ Juniper Berry— support healthy kidney and urinary function; may benefit problematic skin areas; and acts as a natural detoxifier</p>
 <p>❑ Breathe® Respiratory Blend— maintains clear airways; supports overall respiratory health; and helps seasonal threats</p>	 <p>❑ Lavender— widely used for its calming and relaxing qualities; soothes occasional skin irritations; and helps skin recover quickly</p>
 <p>❑ Cilantro— powerful cleanser and detoxifier; powerful antioxidant; rich in antioxidants; aids digestion; and a powerful detoxifier</p>	 <p>❑ Lemon— cleanses and purifies the air and surfaces; naturally cleanses the body; aids digestion; and promotes a positive mood</p>
 <p>❑ Citrus Bliss Invigorating Blend— invigorating; energizing; uplifting; refreshing; and cleanses and purifies the air and surfaces</p>	 <p>❑ Lime— supports healthy immune function; positively affects mood with stimulating and refreshing properties; and aids emotional balance</p>
 <p>❑ ClaryCalm® Monthly Blend— helps balance hormones; provides temporary relief from cramps, hot flashes, and emotional swings</p>	 <p>❑ Melaleuca— renowned for its cleansing and rejuvenating effect on the skin; promotes healthy immune function; helps purify and freshen the air</p>
 <p>❑ DDR Prime® — supports healthy cellular integrity by helping to reduce oxidative stress; and supports healthy metabolism</p>	 <p>❑ On Guard® Protective Blend— supports healthy immune function; protects against environmental threats; and cleanse surfaces</p>
 <p>❑ Deep Blue® Soothing Blend— soothes sore muscles and achy joints; supports healthy circulation; and comforts tired and sore muscles</p>	 <p>❑ Oregano— used as a powerful cleansing and purifying agent; provides immune-enhancing benefits; and supports healthy digestion</p>
 <p>❑ DigestZen® Digestive Blend— aids in the digestion of foods; soothes occasional stomach upset; and helps maintain a healthy gut</p>	 <p>❑ PastTense® Tension Blend— eases muscle tension in the head and neck; helps reduce tension, stress, and worry; and soothes</p>
 <p>❑ Elevation® Joyful Blend— elevates mood; increases vitality; helps lessen sad and anxious feelings; and energizes and refreshes</p>	 <p>❑ Peppermint— promotes healthy respiratory function and clear breathing; and alleviates occasional stomach upset</p>
 <p>❑ Frankincense— promotes cellular health; supports a healthy immune system; reduces the appearance of blemishes; and rejuvenates skin</p>	 <p>❑ Serenity® Calming Blend— calming and renewing fragrance; promotes relaxation and restful sleep; and lessens tension</p>
 <p>❑ Geranium— promotes clear, healthy skin; supports liver health; helps calm nerves and lessens stress; and balances emotions</p>	 <p>❑ Slim and Sassy® Metabolic Blend— calms your stomach and lifts your mood; promotes healthy metabolism; manages cravings</p>
 <p>❑ Ginger— helps ease occasional indigestion and nausea; promotes digestion; and supports overall digestive health</p>	 <p>❑ TerraShield® Repellent Blend— acts as an effective, natural repellent; natural approach to ward off insects</p>
 <p>❑ Grapefruit— cleanses and purifies; beneficial for oily skin issues; supports healthy metabolism; and helps reduce mental fatigue</p>	 <p>❑ Whisper® Women's Blend— combines individuals' chemistry to create a unique and personal fragrance; calms the skin and emotions</p>
 <p>❑ Helichrysum— helps skin recover quickly; promotes healthy liver function; supports localized blood flow; and helps detoxify the body</p>	 <p>❑ Wild Orange— powerful cleanser and purifying agent; protects against seasonal and environmental threats; and uplifts the mind</p>