
TOP 10 USES FOR NEROLI OIL

- 1. Healthy Libido (Aphrodisiac):** Apply the diluted Neroli oil to the area of concern. Diffuse and inhale. You can also add it to a love potion.
- 2. Hormone Balancing:** Apply to the forearms, lower abs and ankles. Neroli helps balance estrogen. Along with other floral essential oils, Neroli oil help comfort women as they transition into menopause.
- 3. Tension & Aches Massage Blend:** For a relaxing massage blend Neroli, Lavender, Ylang Ylang, and Marjoram essential oils together.
- 4. Skin & Tissues:** Apply the diluted Neroli oil onto acne prone skin, scar tissues and areas of skin concern on a regular basis. Like most floral oils are great for irritated, wrinkled or dry skin. It is also great for cleansing the skin and keeping it free from environmental threats. It can help even out skin tone and reduce dark spots on skin.
- 5. Childbirth & Pregnancy:** Apply under the nose or on the mother's abs during labor to help calm and relax mother.
- 6. Calming Heart & Blood Pressure:** Rub Neroli to heart area, heart reflex points and back of neck. Consider mixing with Ylang Ylang oil. Studies have shown Neroli oil helps reduce cortisol levels and lower blood pressure.
- 7. Menstrual Cramps:** Rub on the lower abs to reduce discomfort of cramps.
- 8. Digestion & Tummy Calmer:** Rub Neroli on to the tummy, and stomach reflexes. This oil is gentle on babies for occasional colic and indigestion.
- 9. Air Freshener, Deodorant & Perfume:** Add Neroli to your homemade deodorants, air freshener and perfume for a fresh floral scent.
- 10. Calm Conflict & Allow Growth:** Simply wear as perfume or add to diffuser. Smell regularly to uplift. Rub onto the chest, temples, back of neck or under the nose. Studies shows inhaling Neroli reduces anxious feelings.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

